



North East Minor Hockey Association 2025-26 Female Call-Up Policy

This document is intended to provide an overview of the Female Call-Up Policy for the NEMHA Minor Division.

General Guidelines

A call-up is a player from a lower-tier team who may be called up to a higher-tier team when necessary. Call-ups are intended to ensure full rosters when regular players are unavailable and to support player development. Call-ups are not to be used for the purpose of increasing a team's competitiveness.

Roster Integrity

- A call-up may only be used to replace an existing rostered player.
- Head Coaches should refer to the Girls Metro Hockey League (GMHL) Rule Book on the minimum and maximum number of players for call-ups to be used.
- Head Coaches should refer to the GMHL Rule Book for specific call-up regulations during playoffs.
- Teams must not exceed their approved roster size by utilizing call-ups.

Player Eligibility and Selection

Eligibility

- Call-up players must possess skills comparable to the level they are joining, to maintain fairness and competitiveness.
- A player may not be called up more than five (5) times in a season without approval from the Technical Director or Female Director.

Selection Process

- Call-ups should be chosen from players who participated in All-Star tryouts.
- The call-up lists will be created by the Technical Director, in consultation with the Female Director

Practice and Game Participation

Practice Participation

- If it is known in advance that a call-up will play in a game, they should also be invited to the preceding practice.
- Scheduling should allow for fair access and player availability.



Game Participation

- Game call-up opportunities must be shared fairly among all call-ups. **No call-up should play more than two (2) additional games than another call-up.**
- Call-ups may not miss their own team's games to attend practice with the higher-tier team.

Availability

- Call-ups should maintain reasonable availability for practices and games.
- Equal opportunities are not guaranteed if a call-up has frequented or extended absences.
- When called up, call-ups must inform their original team coach if they will miss a team event.

Any deviation from this process requires approval from the Technical Director.

Mid-Season Changes

Each team should have enough call-ups to operate effectively and uphold intent of the Call-Up Policy. If necessary:

- The NEMHA Executive may add or remove call-ups at any time, with preference given to players who attended All-Star tryouts.
- Recommendations for changes may be made by the Technical Director in consultation with the Head Coach.

Policy Enforcement

Violations of this policy may result in disciplinary action or revocation of call-up privileges. The Technical Director and Board of Directors retain the authority to review and adjudicate any exceptions or disputes.